



SOUTHSIDE DOJO LTD

SCHEDULE OF CLASSES

8534 Portage Rd. • Portage, MI 49002 • www.SouthsideDojo.com • (269) 385-0111

	SUN	MON	TUE	WED	THUR	FRI	SAT
SEIDOKAN AIKIDO amunson000@gmail.com			6:00 – 7:30 pm				
KOU BU RYU KARATE ssdkarate@gmail.com		5:00 - 6:00 pm Kids class		5:00 - 6:00 pm Kids class			10:00 – 11:00 am Kids
KOU BU RYU KOBUDO ssdkarate@gmail.com		6:00 - 7:30 pm		6:00 - 7:30 pm			
KENDO yutaro.matsuura@gmail.com (269) 261-5253		7:30 - 8:30 pm	7:30 - 9:30 pm		7:30 - 9:30 pm		12:30 – 2:30 pm
SHOBUDO JUJITSU ssdjujitsu@gmail.com (269) 329-9879		6:15 – 8:00 pm					
L'ARTE D'ARMIZARE Historical European Martial Arts keithgnelson@gmail.com (269) 329-9879		4:00 - 6:00 pm					
ARNIS jnwindsor75@hotmail.com (269) 598-8771							3:00 - 5:00 pm
BAGUAZHANG dmreeves1@gmail.com (775)857-9657				8:30 - 10:00 pm			
OPEN PRACTICE	Free practice can be arranged with individual instructors during times when there are no scheduled classes						

We offer multiple martial arts classes at Southside Dojo and membership covers all of the classes. Concurrent training in different styles is allowed. Feel free to stop by and try any of the classes.

Frequently Asked Questions:

How much does it cost? We are a non-profit organization and are focused on providing world class instruction in martial arts at affordable rates. Our \$40/month tuition fee gains you access to all arts. There are no contracts.

Are there family discounts? Yes. We pride ourselves on having family involvement in the dojo. We discount family members at \$10/month/family member (ie \$40 for the 1st, \$30 for the 2nd, \$20 for the 3rd, etc....).

Which art is best for me? The best art for you is one that you will enjoy. We offer a wider range of classes than any other dojo in the area and believe you will find an option at Southside that fits you best.

Do you like grappling?

- Try Aikido, Jujitsu, Bagua, or Armizare.

Does striking or kicking interest you?

- Try Karate, Arnis, Bagua, or Jujitsu.

Want a focus on mind & body connection?

- Try Aikido or Bagua.

Want to learn how to use weapons?

- Try Kobudo, Kendo, Arnis, or Armizare.

Are you looking for a good workout?

- Try Kendo, Arnis or Karate.

Interested in competition?

- Try Kendo.

What do I wear? This will vary depending on the art(s) that you choose. To start, wear loose fitting clothing (sweats work well). Avoid clothing that has buttons or anything hard metal or plastic attached. The instructor will be happy to assist you for future classes.

Do you have classes for kids? Absolutely. We offer Karate classes for junior students. Usually kids can start around age 5-6. Teens may attend many of the adult classes, at the instructors' discretion.

WWW.SOUTHSIDEDOJO.COM